

AGELESS GRACE IN PERSON AT OUR LIBRARY

WITH SHARON VEINGRAD

THURSDAYS, 2 - 3 PM

Sept. 5, 12, 19 & 26

It's never too late to begin.
It's never too early to start.

ageless *Grace*

Brain Health Program

Timeless Fitness for the Body & Brain™

**PLEASE JOIN US AT THE
STIRLING ROAD BRANCH LIBRARY
3151 STIRLING ROAD
HOLLYWOOD, FL 33312**

Preregistration is required and starts Aug. 22. [CLICK HERE](#) to register or ask the library staff for assistance. Limited registration on the day of the event is subject to availability. Please go to stirlingfriends.org for more information.